

Office – Footwear Suggestions

What factors do you consider when purchasing new shoes? Most people look at appearance of the shoe, price, and comfort. It is also important to consider the following to help prevent slips and falls especially in winter months:

- Can you purchase a pair shoes to wear in and out of the building during inclement weather? After getting to your desk you can change into nicer looking shoes.
- What is the composition of the sole that comes in contact with the ground? A softer material can help to grip the material and prevent falls.
- What is the tread pattern like on the soles? Ideally the sole and heel of the shoe will have crosshatch treads that are deep and wide to prevent hydroplaning.

These are very good questions that you can ask the retailer when you are buying shoes. Here are good and poor examples of footwear:



Good Examples



Poor Example



Poor Example