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# CONNECTIONS

City Hall Newsletter - 207 W 6th St. Marshfield WI 54449 - 715-384-2919



## Common Council

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## City Administrator

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## Senior Informational Health Fair

The Committee on Aging and Marshfield Parks & Recreation Department will be holding a senior informational health fair called "Living Actively Longer" on Friday, October 4 from 9:30 a.m. to noon at the 2nd Street Community Center, 211 E 2nd Street. Several vendors will provide products and services that can help older adults live life independently, longer and possibly in their own homes.

Marshfield Clinic (flu shots), Falls Prevention Coalition, Marshfield Public Library, Aging & Disability Resource Center of Central Wisconsin, Veterans Administration and many other agencies will be on-site. This will also be an opportunity to dispose of old eye glasses and expired medications.

An educational session will be held at 10:30 a.m. about the Aging and Disability Resource Center. Refreshments will be served, as well as a light lunch around 11:30 a.m. along with door prizes, and free health screenings.

Additional parking will be available from the Marshfield Fairgrounds parking area at 14th & Vine Street. Shuttle will begin at 9:15 a.m. and run until noon with both pick-up and drop-off every 15 minutes. If you have questions, please call Kelly Cassidy at 715-486-2043.

## Mayor Hosts TV Show

This week's episode features Jen Olson of MoJo's! Tuesdays @ 11:30am with replay Thursday @ 11:30am on Charter Channel 989! or watch anytime on Marshfieldmediaaccess.org.

## LIVING ACTIVELY LONGER

12th Annual Senior Health Fair

*Sponsored by: Committee of Aging and Marshfield Parks & Recreation*

**Friday, October 4, 2019**

**9:30 a.m. to Noon**

2nd Street Community Center  
211 E. 2nd Street, Marshfield

**EDUCATIONAL BREAKOUT SESSION AT 10:30 A.M.**

See what services are available to you to live healthier, more independently, and easier in your own home or apartment.

### Caring for a loved one?

This event has valuable resources for you also!

- Aging & Disability Resource Center - Resource Center Specialist
- Fire Department - AED Demonstration
- Flu & Pneumonia Shots - Bring Medicare Card
- Health Screening - Blood Pressure, Blood Sugar, Balance & Hearing Screening
- Medication Drop Off - Leave Outdated Pills, Syrups, & Creams With Us
- Volunteer Services - Multiple Organizations



## REFRESHMENTS & DOOR PRIZES

### FREE TRANSPORTATION

to this event from Marshfield senior housing complexes.

Contact Kelly at 715-486-2043 with questions.

Additional parking will be at the Marshfield Fairgrounds.

Parking lot off Vine and 14th Street and a shuttle will bring you to the Community Center.

