

Coaching Summary

K-1st Grade teams:

- Practice is set up for 20 minutes before each game.
- Ball size of 3 is used.
- Coaches may be on the field with the team – high school referee provided. There should be instruction on the field. Throw-ins are an example where coaches can allow players an additional throw to encourage correct fundamentals.
- NO SCORES should be kept. If a team is getting a big lead switch positions and try to keep games close (the kids know the score).
- Safety is always a concern – stop play for injuries.
- All players should play equally.
- Substitutions are allowed at the 5-minute break of each 10 minute quarter. There will be four 10-minute quarters.

2nd-3rd Grade teams:

- High school referees will be provided.
- Ball size of 4 is used.
- Substitutions allowed as in junior high and high school rules, on throw-ins, corner kicks, goal kicks, and after goals.
- All players should play equally.
- Each game consists of two 25-minute halves.

4th-6th Grade teams:

- High school referees will be provided.
- Ball size of 4 is used.
- Substitutions allowed as in junior high and high school rules, on throw ins, corner kicks, goal kicks, and after goals.
- All players should play equally.
- Each game consists of two 30-minute halves.

ALL TEAMS

Emphasis is on having fun, learning more about soccer, and learning team play.